## WETSUIT SIZING GUIDE

## WOMEN'S WETSUITS

| Size | Height (in) | Chest (in) | Waist (in) | Hip (in) | Inseam (in) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 6 | $5^{\prime} 4^{\prime \prime}-5^{\prime} 6 "$ | $34-36$ | $27-29$ | $37-39$ | $311 / 8$ |
| 8 | $5^{\prime} 5^{\prime \prime}-5^{\prime} 77^{\prime \prime}$ | $36-38$ | $29-31$ | $39-41$ | $313 / 4$ |
| 10 | $5^{\prime} 6^{\prime \prime}-5^{\prime} 8 "$ | $38-40$ | $31-33$ | $41-43$ | $323 / 8$ |
| 12 | $5^{\prime} 77^{\prime \prime}-5^{\prime} 99^{\prime \prime}$ | $40-42$ | $33-35$ | $43-45$ | $333 / 8$ |
| 14 | $5^{\prime} 8^{\prime \prime}-5^{\prime} 10 "$ | $42-44$ | $35-37$ | $45-47$ | $335 / 8$ |

## Where did women's weight go?

Female bodies and curves are so varied that a woman's weight indicator is substancially vague. If you're not $100 \%$ sure of your measurements, selecting a size up is a good rule of thumb. Also, there's nothing shameful about selecting a men's wetsuit size to honor your voluptuous hips or busty chests. In fact, it happens all the time.

## MEN'S WETSUITS

| Size | Weight (lbs) | Height (in) | Chest (in) | Waist (in) | Hip (in) | Torso (in) | Inseam (in) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| S | 135-155 | 5'6"-5'8' | 35-37 | 29-31 | 35-37 | 27 3/8 | 30 |
| M | 150-175 | 5'8"-5'10" | 37-39 | 31-33 | 37-39 | $283 / 8$ | 31 |
| ML | 170-195 | 5'10"-6'0" | 39-41 | 33-35 | 39-41 | 29 3/8 | 32 |
| L | 190-215 | 5'11"-6'1" | 41-43 | 35-37 | 41-43 | 30 | $321 / 2$ |
| XL | 210-235 | 6'0"-6'2" | 43-45 | 37-39 | 43-45 | 30 5/8 | 33 |
| 2 XL | 230-255 | 6'1"-6'3" | 45-47 | 39-41 | 45-47 | 31 1/4 | $331 / 2$ |
| $3 X L$ | 250-275 | 6'2"-6'4" | 47-49 | 41-43 | 47-49 | $317 / 8$ | 34 |
| 4XL | 270-295 | 6'3"-6'5" | 49-51 | 43-45 | 49-51 | 32 3/8 | $341 / 8$ |
|  | Wear minimal clothing and take these measurements with a soft tape measure pulled snug but not tight. |  |  | Chest: Measure around the fullest part <br> Waist: Measure around the narrowest part <br> Hip: Measure around the fullest part <br> Torso: Top of shoulder to crotch vertically <br> Inseam: Measure from crotch to floor |  |  |  |

